9th February 2024

Cherrywood News

Message from Mrs Lewis

I can't believe that the half term is at an end already. We seem to have whizzed through the last few weeks. This last one has been a great one, with both a Safer Internet day and a STEM day. Thank you to all of the parents who attended the Safer Internet Day. Looking after children online is becoming more and more challenging. Please visit our school website to be kept up to date with changes and how you can best safeguard your child.

https://www.cherrywoodprimary.co.uk/online-safety-parent-guidance/

We look forward to seeing you back at school on Monday 19th February.

Dates for the diary:

- 12th February-16th February—Half term
- 19th February—Back to School
- 21st February —Year 6 Exhibition—9.30am
- 29th February—Year 4 Assembly—2.45pm
- 6th March—Year 2 Exhibition 9.30am
- 13th March—Year 3 Exhibition 9.30am
- 21st March—Year 1 Assembly 2.45pm
- 25th March—Year 4 Music Performance 9.30am
- 28th March—Last day of term
- **Parents are invited to attend these events**
- **Please remember INSET day Monday 3rd June**

Question of the week

Last week our school council asked 'Does your child feel safe at school? If not what changes would you like to see?'

Parents shared that sometimes their children get worried and they don't know if the worry boxes work.
Mrs Hills who is a champion for wellbeing across the school is moving rooms. After half term you will be able to find her right at the front of the school. We are hoping this change in location will support children in reaching out to someone who can help if they are worried. She will also be visiting classes to talk to children about the worry boxes and how they work.



Celebrations—





We are pleased to announce this week's -

	Value Ambassadors	Stars of the Week
Ash Class	Chiagoziem	Alina
Chestnut Class	Danyal R	Danyal R
Elm Class	Luca-James	Anabel
Larch Class	Kristian	Gracie
Oak Class	Lyla	Hayden
Pine Class	Jasmine	Destiny
Sycamore Class	Dipshikha	Sapphire

Play Leader Awards

Key Stage 1	*Key Stage 2*
Mia	Usman

Our Value Ambassadors— recognised for showing great teamwork

Stars of the Week— recognised for their efforts this





Play Leader Awards for children demonstrating the school values in their play



After School

Extra Curricular Clubs

Over the last few months we have been working hard to source providers for after school clubs. We want to ensure that we can provide a range of clubs that are affordable for parents and of high interest to parents.

We are pleased to share that we have found two providers who, with enough interest, are able to provide clubs starting after the Easter holidays.

We would really appreciate it if you could take time to indicate if your child would be interested in these so that we can determine numbers and then hopefully get these booked.

Sport4Kids is the second provider we are working with. They will run clubs for us from Reception up to year 6. Sessions are £6.50 each but they are able to offer a very wide range of clubs, if we can get enough interest.

Please follow this link as soon as possible to indicate if you are interested in your child taking part and the type of clubs your child would be most interested in.

- https://docs.google.com/forms/d/e/1FAIpQLScpP11_KFo9pjFE4EZuX8w_IUhR28wkNBu_0k2I2sUFyF5vyg/viewform?usp=sf_link

One club we know children are keen for is a football club.

Representatives from **cmsports** will be coming along to school on Tuesday 20th February to meet the children and be available to answer any of your questions.





School Council News.

This week the School Council launched **Self-Esteem and Positivity month** for **February.**

They met with Mrs Hills and then delivered an Assembly to their peers outlining the importance of having a positive outlook and a healthy self-esteem. This is part of our ongoing promise to promote good mental and physical health.

What is Self – Esteem?

Self- esteem is something we feel inside, but is influenced by many things and many people. It is an ongoing thing that is built over time.

Why is having a good self- esteem important?

It's really important you have a healthy self- esteem because it affects how you think feel and behave. Self -esteem has a big impact on your mental health and your future. If you have good self -esteem, you will generally be positive and more resilient.

If you have low self -esteem you might focus on your weaknesses or on mistakes that you have made. It becomes more difficult for you to recognise what you are good at or the positive parts of your personality. You may also blame yourself for any difficulties in life that arise.

Here are our School Councillor's top tips for improving self-esteem and being positive.

1. **Healthy eating – including fresh fruit and vegetables in your diet. Drink lots of water.**
2. **Positive self-talk – focus on the good things, don't always think of the worst thing that can happen. Remember YOU ARE GREAT!!**
3. **Get a good night's sleep.**



Monday 5th February marked the start of Children's Mental Health Week, with this year's theme being -

My Voice Matters

Our School Council has worked really hard to promote this as you can see from our previous page.

Every child has the right to express their views, feeling and wishes in all matters affecting them and to have their views considered and taken seriously.

Empowering children and young people to have a positive impact on their health and well-being. For example, children and young people who feel their voices are heard and that what they say makes a difference, have higher levels of self-worth and self-esteem. They also have a greater sense of community and as people become empowered, they can work together to create positive changes for themselves and for others.

School Council Challenge

To get you thinking about who you are and what matters to you, the School Council would like you to create an art piece based on this year's theme. Firstly, we would like you to think about what makes you, **you.** E.g. hobbies and interests, things that make you happy, people and places that are important to you, values that you try to live by and changes you want to see in the world. Mind map these ideas as a starting point.

Next, using a self -portrait (either drawn or a photograph) arrange images of your ideas, as if they were coming out of your head. This could be a collage from pictures printed, cut from magazines or drawn freehand. See below for ideas! The School Council would then love to display these in school.





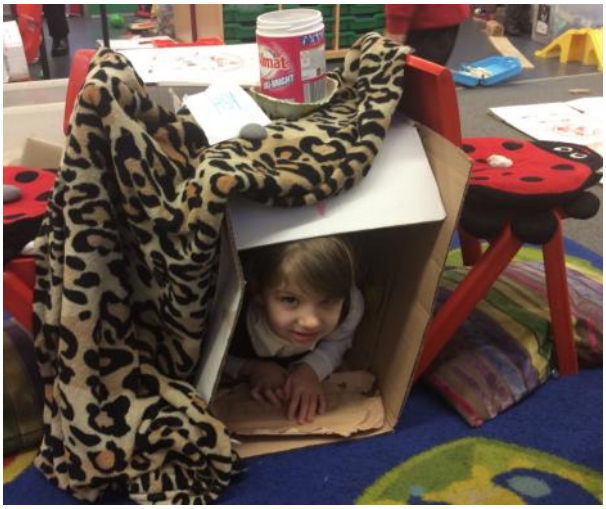


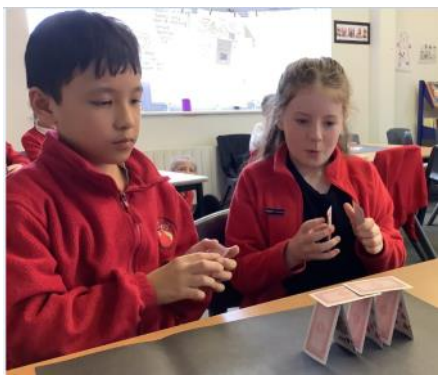
Wednesday 7th February was a day of exploration that involved all of our school values. It was a delight to see the children immerse themselves in challenges that required them to collaborate in designing and building impressive structures. Each class held a competition, to determine which structure could withstand the most force before these were shared in a whole school assembly. There was an impressive amount of resilience shown and it was wonderful to see the level of determination and pride on their faces. Just see for yourselves.

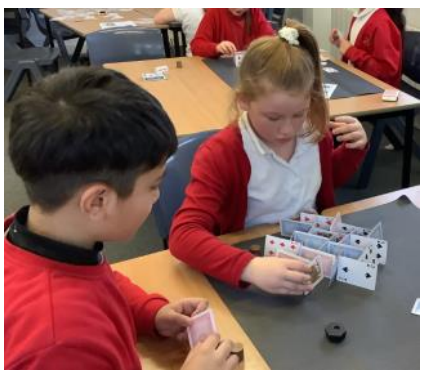




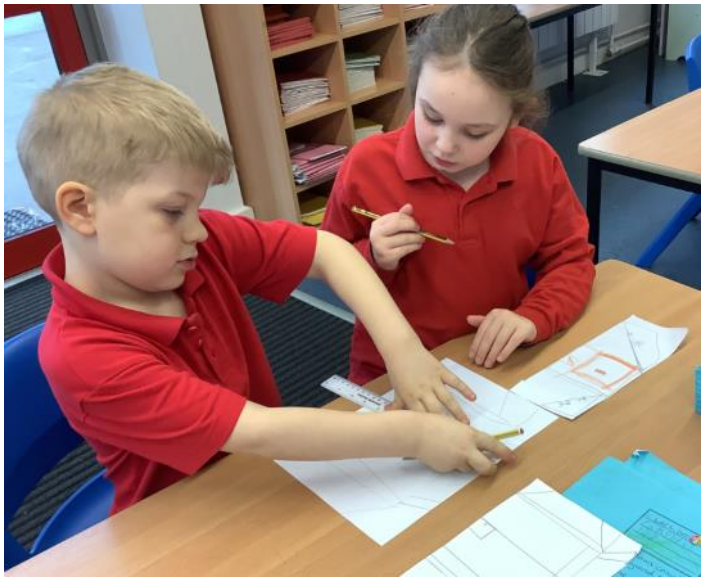








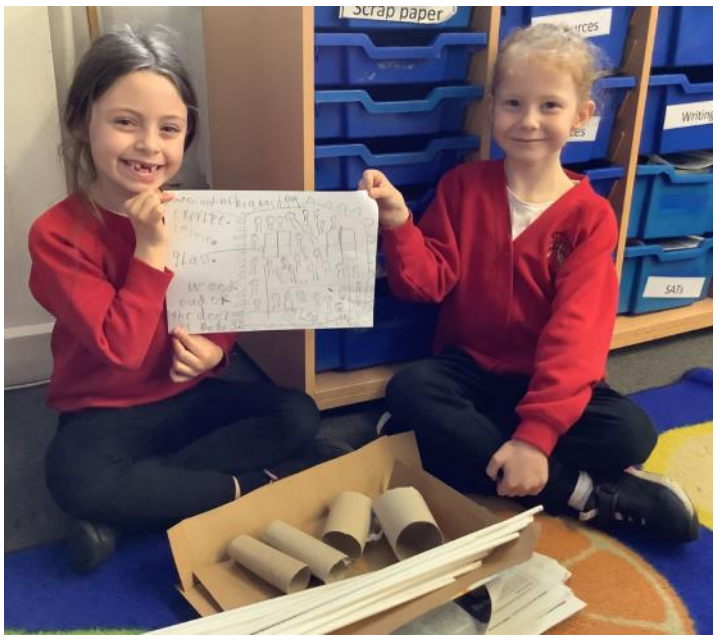






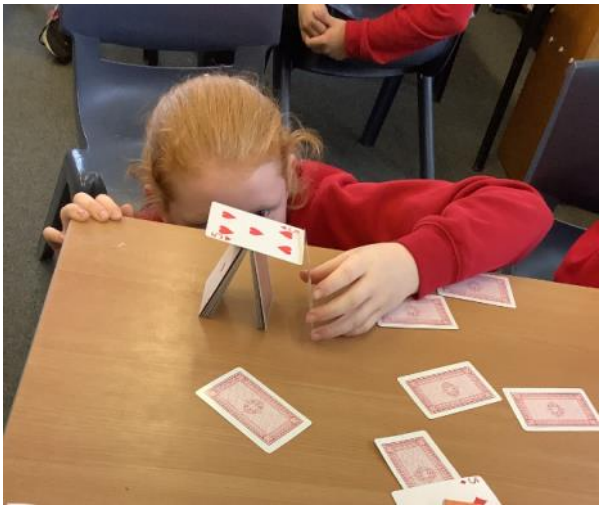

0123456789



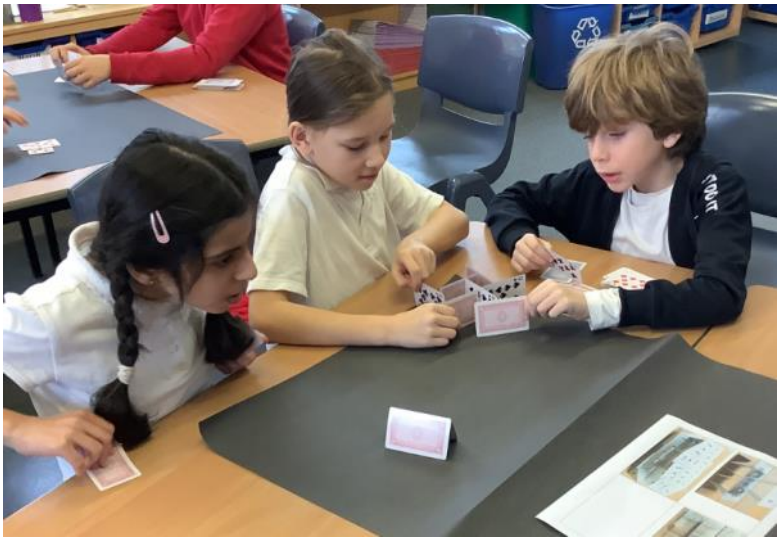

Scrap paper

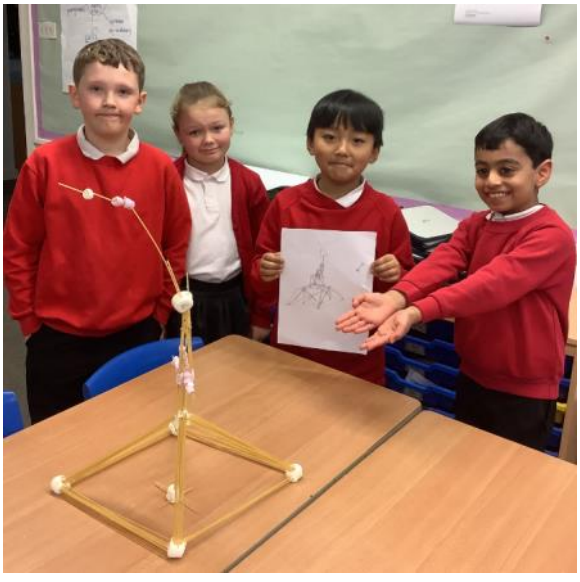








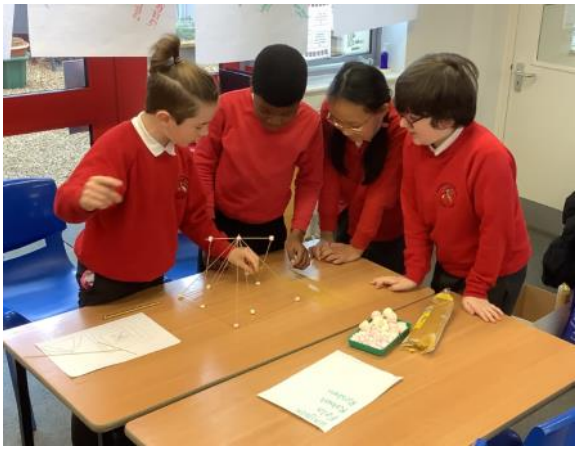


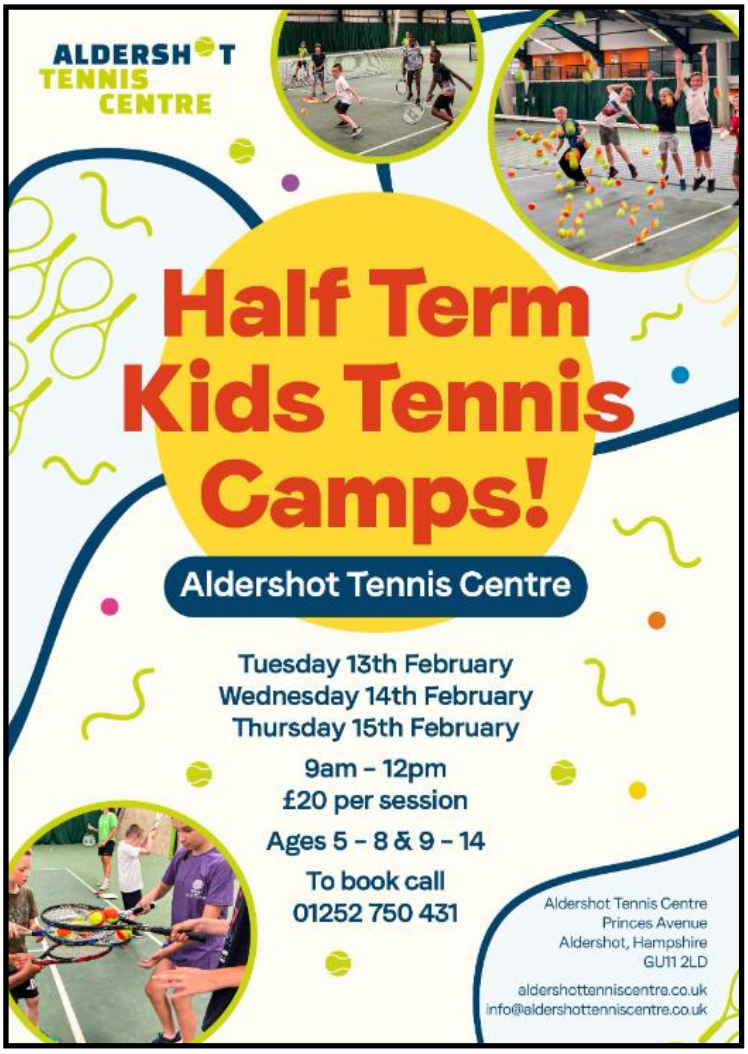












Jewellery

Please remember that jewellery is not permitted to be worm at school unless it is a single sleeper in the ear or a simple watch—no smart watches permitted.

We have noticed many children starting to wear bracelets. Can you please ensure that these are kept safety at home and not brought in to school.

