Friday 31st January 2025

Cherrywood News

Message from Mrs Lewis

Our value this week has been team work, starting off with a challenge to untangle ourselves set by Ms Wrigley. The children have also shown great team work this week by playing nicely in the many wet playtimes we have sadly had.



School Council—Question of the week

This week we asked if you would like us to reintroduce school discos. An impressive 97% of you did. In order to do so we would require some support from parents and a number of you kindly offered—thank you for this.



I will now be talking to Mrs Gray about sourcing a DJ and selecting an appropriate date. We will update you as soon as possible.



Attendance

Well done to Oak Class!

It is great to see every-one back in the 90s. We really want to see every class about 95% can we achieve this?

Data for 20th January to 24th January	
Ash	93.57%
Chestnut	93%
Elm	95.17%
Larch	90.45%
Oak	98.5%
Pine	94.1%
Sycamore	94.44%

DATES FOR THE DIARY

- 3rd February—Online Safety Afternoon parents / carers welcome at 2.45pm
- 7th February—Dentist coming in to visit Ash Class
- 13th February— Year 3 (Larch Class) Exhibition parents / carers welcome at 9.15am
- **HALF TERM—MONDAY 17TH—FRIDAY 21ST FEBRUARY**
- Monday 24th February—back to school after half term
- 25th February—Year 6 (Sycamore) computing workshop parents / carers welcome at 2.45pm
- 26th February—Year 4 (Oak) class assembly parents / carers welcome at 2.45pm
- 27th February—Hampton Court Palace Trip—Year 4 (Oak) and Year 5 (Pine)
- 4th March—Year 4 (Oak) girls trip to Edgeborough School for Forensics Day
- 5th March—Reception (Ash) vision check with the school nursing team
- 6th March—World Book Day
- 6th March—Parents / carers invited to come in and read with their child—2.45pm
- 11th March—Year 1 (Chestnut Class) Easter Experience at Church of the Good Shepherd
- 12th March—Year 5 (Pine Class) Easter Experience at Church of the Good Shepherd
- 13th March—Year 5 (Pine Class) computing workshop parents / carers welcome at 2.45pm
- 14th March—Year 1 (Chestnut Class) Toys through time workshop
- 14th March—Year 3 (Larch Class) Mini Museum workshop
- 17th March—Year 2 (Elm Class) Easter Experience at Church of the Good Shepherd
- 19TH MARCH PARENTS EVENING IN THE HALL
- 20TH MARCH PARENTS EVENING IN THE HALL
- 21st March—Year 5 (Pine Class) Climate Trackers Workshop in Hall
- 24th March—Year 2 (Elm Class) Exhibition parents / carers welcome at 9.15am
- **CHANGE OF DATE — 25th March Year 1 (Chestnut Class) Assembly parents / carers welcome at 2.45pm**
- 25th March —Reception (Ash Class) Easter Experience at Church of the Good Shepherd
- 31st March—Online Safety Afternoon parents / carers welcome at 2.45pm
- 3rd April—Year 6 (Sycamore Class) trip to Aldershot Military Museum

Easter Holidays Monday 7th—Monday 21st April

Celebrations —





We are pleased to announce this week's -

	Value Ambassadors	Stars of the Week
Ash Class	Ayden	Cyerra
Chestnut Class	Eljay	Penelope
Elm Class	Ryan	Lukas
Larch Class	Luchiana	Oriona
Oak Class	Daniel	Roy
Pine Class	Kacie-Jane	Sajala
Sycamore Class	Moshi	Jamie

Play Leader Awards — **Key Stage 1**

Safa

Our Value Ambassadors—recognised for showing great resilience



Stars of the Week — recognised for their efforts this week

Many apologies this week's star of the week photograph was very blurry!

Play Leader Awards for children demonstrating the school values in their play



A Fire Fighter visited our school last week and spent time in some of the classrooms. Children learnt about what the emergency services do to keep us safe. Ash class even acted out some of the task.







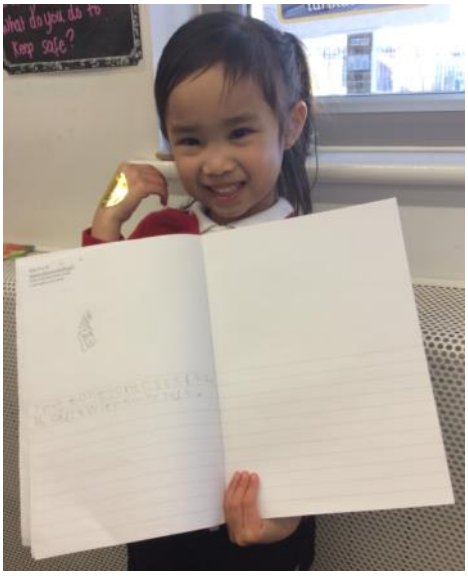
Oak Class have been perfecting their tennis skills, demonstrating some great resilience.





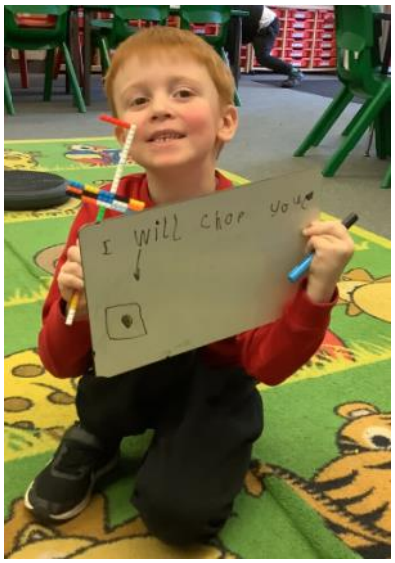


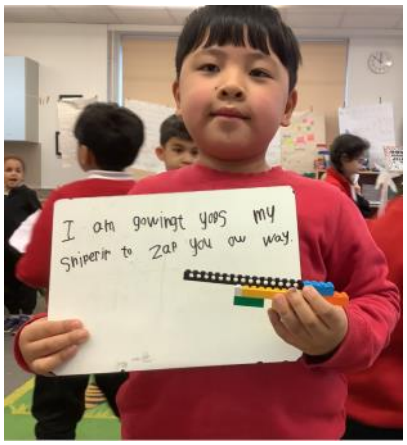
In Ash Class we use a strategy called Drawing Club to get children enthusiastic about writing. Children respond really well to this and are always proud to show their writing to others.

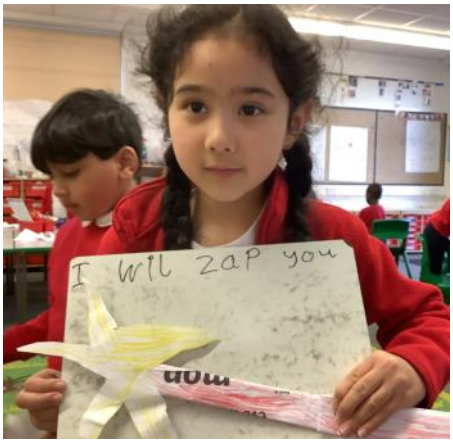


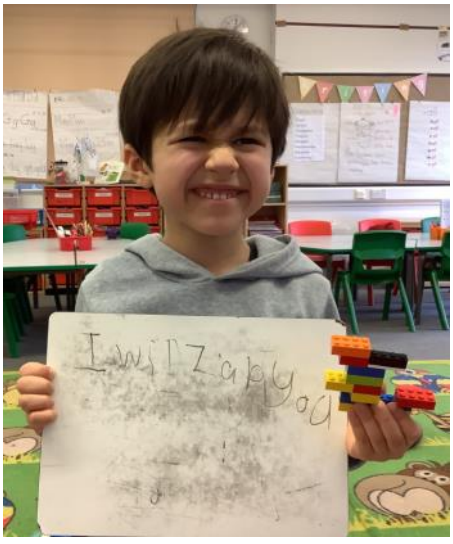


As the children move to Chestnut Class this changes to Curious Quests. Children have thoroughly enjoyed the challenges set by Professor Klunk and work hard to remember full stops and capital letters as reminded by Noodle and Stitch.











Safeguarding





Some of you may have noticed Mrs Gray standing by the gate to the large carpark. This is an access route for the staff of Pebbles Nursery only. We have shared this information in previous newsletters. Vehicles are constantly moving through this area. It is incredibly unsafe for this to be used as a pedestrian route. We work hard to keep our site safe for you and your children, please help us do this by using our two pedestrian gates and making use of the zebra crossing to move safely across the carpark area. Thank you .



Elm Class have been learning about the Great Fire of London, building a street to help imagine how closely houses were built to each other



CHILDREN'S MENTAL HEALTH WEEK 2025



KNOW YOURSELF, GROW YOURSELF

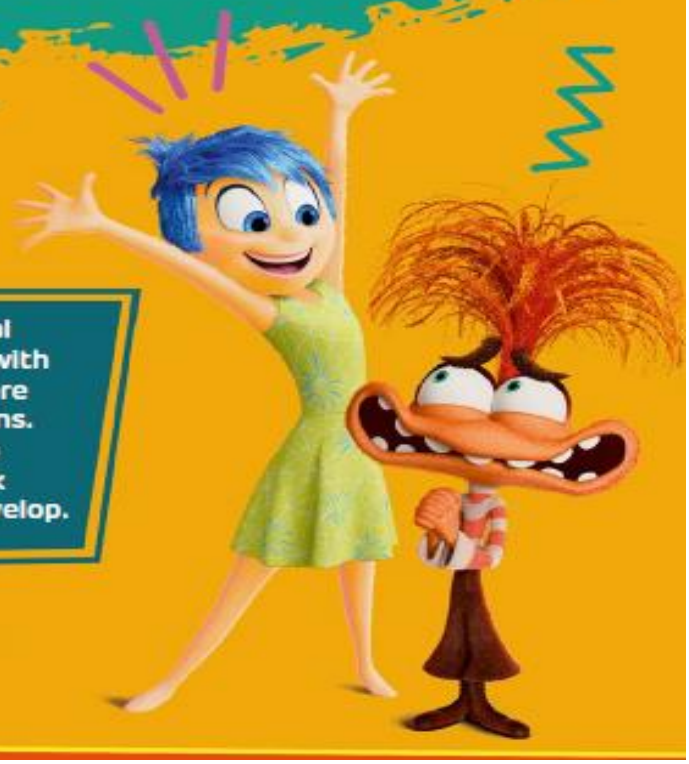
Place2Be's CHILDREN'S MENTAL HEALTH WEEK

This year's Children's Mental Health Week theme is Know Yourself, Grow Yourself.

The more we can understand about ourselves, the more prepared we are to express our emotions and take on life's ups and downs.

Being self-aware means getting to know and understand what we are good at, what we find difficult, our likes and dislikes, what makes us feel JOY and what may cause us SADNESS. It is also about understanding what makes us unique and our fears, hopes and dreams. As we build a sense of self, we grow in our ability to connect with others, as well as develop our skills and talents. It is with this basis we can form strong and healthy relationships, from early childhood right through to adulthood and are equipped to cope with the challenges that life brings our way. During Place2Be's Children's Mental Health Week 2025, please join us in some activities to help us explore our different emotions and grow ourselves. There is something for everyone, and we hope you enjoy this journey of self-discovery!

This year for Place2Be's Children's Mental Health Week, we are excited to team up with the characters from Inside Out 2 to explore the importance of expressing our emotions. Together, we will discover how getting to know who we are and what makes us tick can help us build resilience, grow and develop.



Children's Mental Health Week is this coming week 3-9th February. We will be doing a number of activities throughout the week with each class, but here are some tips for you at home.

TIPS FOR FAMILIES

Place2Be's CHILDREN'S MENTAL HEALTH WEEK

1 Encourage journalling

Just like Riley, encourage your older children and young people to express their emotions and thoughts through journalling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.

2 Make space for reflection

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need.
Go for a walk, drive, or try some mindful colouring or baking together.

3 Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.

4 Practice mindfulness

Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.

5 Communicate

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.

If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. Here4You.co.uk



TOP TIPS FOR CHILDREN AND YOUNG PEOPLE

Place 2Be

1 Be curious about your emotions

You're fascinating! Take notice of your emotions and thoughts, either as they come up or maybe later on that day. You can use techniques like meditation or journalling to help you make sense of what is going on inside of you.

2 What matters most

Our values are often what make us tick, so reflect on what really matters to you. Are you ambitious, funny, kind, creative? Similar to Riley, our beliefs can evolve as we grow older and have new life experiences. If you're feeling lost or confused, take a moment to think about what drives you. It may help you understand yourself better and make choices that feel right for you.

3 Feedback, feedback, feedback

Other people we know can often see things about us that we miss. Sometimes these can be areas for us to develop and sometimes they can be our strengths. Either way it's great to have a friend, family member or teacher that can help us with our blind spots

4 Get creative expressing yourself

Creativity can often help us express emotions and show parts of ourselves that are sometimes hidden. If you are feeling blue like Sadness, painting might help. If you are feeling bright and happy like Joy, song and dance could be the creative outlet for you. Whether it's painting, music, dance, drama or something else, find your creative outlet and share it with others.

If you're a young person struggling with any kind of mental health worries, reach out in a way that suits you. From speaking to someone or grabbing some info, to webchat or text, there's people ready and waiting to help Here4You.co.uk



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Spring Term Parents Evening

Spring Term Parents Evening will be taking place on Wednesday 19th and Thursday 20th March. Self-scheduling for this will open on Monday 24th February at 9am (after half term) and closes on Tuesday 11th March at 6pm. Appointments for all classes will take place in the hall, as was the case last term. An e-mail reminder will be sent out closer to the time. When self-scheduling opens please go onto the Arbor app and book this in. We have ensured that there is a longer self-schedule period to enable all parents the chance to book their appointments. If you have any queries or need help booking when the time comes please contact Mrs Abrami in the office.

HAMPSHIRE ALERT

HAMPSHIRE & ISLE OF WIGHT CONSTABULARY

Urgency: 3 2 1

SCAM

Scam Warning - Cold Weather Payments #FreezeOutFraud

Good afternoon,

We've received information from Action Fraud that they're recording very high numbers of reports of suspicious emails relating to cold weather payments schemes, such as the Winter Fuel Payment. The emails purport to be from various government agencies, such as HMRC, and instruct you to make a claim "using the link provided". The links lead you to phishing websites created by criminals, designed to steal your personal and financial information.

Please check with the organisation before responding to any messages. Don't use the number or address in the message - use the details from their official website. Your bank (or any other official source) will never ask you to supply personal information via email.

Spotted a suspicious email? Forward it to the Suspicious Email Reporting Service - report@phishing.gov.uk

Half Term Activities



