CHERRYWOOD NEWSLETTER

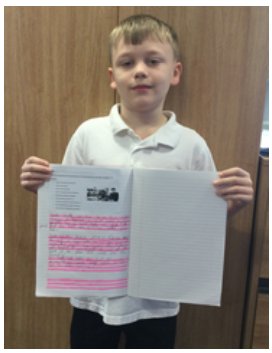
17th October 2025

Message from Mrs Lewis

It has been another week of hard work here at Cherrywood. Our focus value has been teamwork and the school council asked parents to join us in making sure that there is a safe environment for children to walk to and from school. They shared their message of asking parents **not to smoke or vape near the school gate**. Thank you for supporting us with this.

I have had a number of questions about the date for the **flu immunisation**. We have been very lucky in previous years where we have been visited by the nursing team a lot earlier in the term. We do however recognise that they are very busy and have a lot of schools to visit and we can't always be seen earlier in the term. If you do have significant concerns about your child waiting this long, I recommend that you get in touch with your GP.

Wow Work Winner





Congratulations to Toby - such an impressive improvement to his handwriting in only a few weeks.

Upcoming Events

- 20th October - Parents Evening in the Hall
- 22nd October - Parents Evening in the Hall

Contact Information

Phone: 01252 547896

Email: adminoffice@cherrywood.hants.sch.uk

Upcoming Events - Dates for the Diary

- 20th & 22nd October—Parents Evening
- 21st October—NSPCC workshops with Years 2—6
- **27th—31st October—OCTOBER HALF TERM**
- **Monday 3rd November —INSET Day—School Closed to Pupils**
- **New Date - From 4th November Poppy Appeal at Drop Off and Pick Up**
- 6th November—Oak Class (Year 4) Exhibition—Parents welcome at 9.15am
- 10th November —'Odd Socks Day' - Come in School Uniform with Odd Socks to show your uniqueness for anti bullying week
- 13th November—Larch Class (Year 3) Assembly—Parents welcome at 2.45pm
- **New Date - 14th November - BBC Children in Need come in Yellow and Donate £1**
- 18th November— Pine Class (Year 5) Exhibition—Parents welcome at 9.15am
- 18th November - Fire Service coming in to speak to Year 2 and Year 5
- 20th November—Chestnut Class (Year 1) Exhibition—Parents welcome at 9.15am
- 20th November—PINS Parenting Workshop
- 20th November—PBS anxiety parenting session for Dads at Pinewood School
- **24th November—INSET Day—School Closed to Pupils**
- 25th November—Oak (Year 4) Christmas Experience at Church of the Good Shepherd

Upcoming Events - Dates for the Diary

- 27th November—Elm Class (Year 2) workshop—Parents welcome at 2.30pm
- 1st December—Sycamore Class (Year 6) Exhibition—Parents welcome at 9.15am
- 2nd December—Larch (Year 3) Christmas Experience at Church of the Good Shepherd
- 2nd December—Chestnut (Year 1) Christmas Experience at Church of the Good Shepherd
- 4th December—Flu Immunisation in the Community Room
- 8th December—Online Safety Afternoon—Parents welcome at 2.45pm
- ***NEW DATE - 16th December - Cherrywood's Day of Christmas Fun***
    - ***Wear Christmas Jumper***
    - ***Christmas Dinner for Pupils***
    - ***Christmas Concerts - 9.30am & 2.30pm***
    - ***8.40am Phyllis Tuckwell - Elf Run - More Details to Follow***

- **Friday 19th December—Last Day of Term**
- **Monday 5th January 2026—First Day of the Spring Term**
- **NEW DATE - Tuesday 20th January 2026 - Individual and Class Photos**

- Parents are invited to attend these dates

INSET DAYS:

Monday 3rd November 2025

Monday 24th November 2025

Friday 22nd May 2026

Monday 15th June 2026

Celebrations –

We are pleased to announce this week's -

Value Ambassadors - Recognised for showing great Teamwork

- Ash - Mmesomachi
- Chestnut - Jessica
- Elm - Finley
- Larch - Isabelle
- Oak - Nyasha & Joel
- Pine - Callum
- Sycamore - Avleen



Stars of the Week - recognised for their efforts this week

- Ash - Roman
- Chestnut - Kallivia
- Elm - Connor
- Larch - Myroslav
- Oak - Shreya
- Pine - Ruby
- Sycamore - Kacie-Jane



Play Leader Award - for children demonstrating the school values in their play

- Nancy



Attendance

Data for 6th to 10th October	
Ash	89.31%
Chestnut	95.17%
Elm	99.20%
Larch	99.26%
Oak	97.22%
Pine	93.85%
Sycamore	91.07%

A much better week for attendance - well done everyone. 4 classes with my target attendance of over 95%, with two so close to 100%

Congratulations to Larch Class - really impressive

Christmas Day of Fun

On Tuesday 16th December Cherrywood will be having our Christmas Day of Fun. On this day children can come into school wearing their Christmas Jumpers. They will have their Christmas dinner at lunch and there will be two Christmas Concert performances, one at 9.30am and one at 2.30pm - more details and a letter will be sent out at the beginning of next term to book tickets. At drop off that morning we will also be holding an Elf Run to raise money for Phyllis Tuckwell Charity. Again more details will be sent out at the beginning of next term. Please put this date in your calendar!

NSPCC

Anxiety is the most common mental health concern for children reaching out to Childline. Here are some ways to support children with anxiety.

- **Practice deep breathing**- When you feel anxious, try breathing in slowly through your nose for a count of five, then exhale slowly through your mouth for another count of five. Focusing on your breath can help calm your mind and reduce anxiety.

- **Engage in physical activity**-Physical exercise can be a great way to improve your mood. Whether it's going for a walk, dancing, or playing a sport, find an activity you enjoy that can help to manage anxious feelings.

- **Stay present-**Grounding techniques can help you stay focused on the present moment. For example, try to identify five things you can see, four things you can touch, three things you can hear, two things you can smell, and one thing you can taste.

- **Challenge negative thoughts-** Pay attention to negative thoughts that may be contributing to your anxiety. Try to reframe them by focusing on positive aspects or considering alternative perspectives.

- **Reach out for support**-Remember, you don't have to face anxiety alone. Talking to a trusted adult, friend, or counsellor can provide you with support and guidance. Childline is available 24/7 to offer confidential assistance whenever you need it.

Tips for parents to support children who may be experiencing anxiety

- **Communicate openly**-Encourage your child to talk about their feelings without judgment.

- **Understand the causes**-Work together to identify specific situations or thoughts that trigger your child's anxiety. Understanding these triggers can help when developing effective coping strategies.

- **Promote healthy routines**-Ensure your child maintains regular sleep patterns, balanced nutrition, and physical activity to provide a sense of stability when they may be feeling uncertain within themselves.

- **Model positive coping mechanisms**-Demonstrate healthy ways to manage stress, such as deep breathing, mindfulness, or physical exercise.

- **Seek professional support when needed**-If your child's anxiety persists or worsens, consult with a healthcare professional or counsellor.

Childline is free to contact on 0800 1111. Childline counsellors are here to take calls 24 hours a day, 7 days a week from children and young people under 19.

Childline counsellors are also available to speak to online through 1-2-1 counsellor chat

https://www.childline.org.uk/get-support/1-2-1-counsellor-chat/

Larch Class went to Pizza Express in Camberley on the bus this week as part of their DT unit of work. They learnt about the ingredients in dough and that there were 156 tomatoes in a tin of passata! After making their pizzas, they were allowed to taste olives, peppers and mozzarella. Then they headed back to school to enjoy eating their delicious pizzas.













During PE children in Year 6 have been working on their balancing skills. This helps them to develop their core muscles. They have shown great resilience and teamwork and have been able to talk about how they worked as a group.

















Breathe Easy asthma webinars for children, young people and their families

Join us to improve your asthma knowledge
Webinars held the last Tuesday of every month at 13.00pm via Microsoft teams

Learn:

How to use your inhaler effectively and manage your symptoms more effectively.

Self-care:

Understand your triggers and recognise when your asthma is getting worse.

Sign up:

Click here to sign up or use the QR code above.



Brought to you by the Paediatric teams within the Frimley Integrated Care System and at Frimley Health Foundation Trust.

We are an Asthma Friendly School

This means all staff have been trained in supporting children with asthma.

We need your help.

Please stop smoking or vaping near our school gates. We want to be able to breathe clean air on our way to school and home again.

https://smokefreehampshire.co.uk/

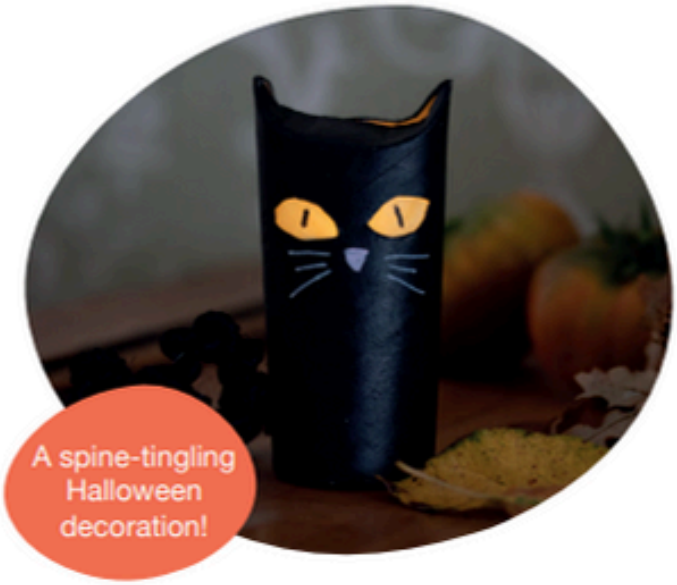
Weekend Crafting Fun!

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countysupplies
making buying easy

EASY-TO-MAKE...

SPOOKY WITCH'S CAT



A spine-tingling Halloween decoration!

You will need:

- Cardboard toilet tube
- Paints
- Pipecleaner (fluffy ones work best)
- Battery operated tea light
- Small piece of yellow tissue paper

Other things you'll need:

- Glue and scissors
- Black felt-tip
- Small quantity of scrap paper or tissue paper
- Sticky tape

How to make it:

1. Begin by cutting out the cat's eyes: Draw almond shapes about two thirds of the way up the toilet tube, as shown in the photo. Carefully cut out the eye shapes with scissors.
2. Paint the outside of the toilet tube with black paint and set aside to dry.
3. When the paint is dry, paint on the cat's features such as a pink nose and white whiskers. Again, allow the paint to dry before continuing.
4. Poke a hole in the back of the toilet tube and thread in a pipecleaner to make the cat's tail. Secure the end of the pipecleaner with sticky tape, inside the toilet tube.
5. Now scrunch up a small quantity of scrap paper or tissue paper. Push this up inside the toilet tube from the bottom. This will form a base for the tea light to sit on. The glowing eyes effect works best if the tea light sits just level with the cat's eyes. Secure the paper with sticky tape if needed.
6. Take a piece of yellow tissue paper that's big enough to cover both the eyes. Glue it firmly in place on the inside of the toilet tube, behind the eye holes. Ensure there are no bits sticking out that could catch on the tea light when it's inserted. Allow the glue to dry.
7. Use a black felt-tip pen to draw the cat's pupils.
8. Use your thumbs to push the top of the toilet tube down to make the cat's ears.
9. To finish your witch's cat, open up the top of the toilet tube again and insert a lit tea light. Fold down the top of the tube again and place the cat on a shelf or window ledge for a spooky addition to your Halloween decorations.

Cherrywood Community Primary School

WHAT'S ON IN RUSHMOOR & HART - Family Activities Over Half Term

Halloween Wizard School! – Aldershot and Farnborough town centres

Day and time: 25 October (Aldershot) and 26 October (Farnborough), from 10am to 3pm

Cost: The event is free. There is a small charge for face painting.

For lots of freakishly good fun this October half-term, enrol at our wander-ful wizard school and enjoy a FREE spellbinding day out in our town centres! Young witches and wizards will learn to fly a broomstick, encounter creepy cauldrons, take part in a monster dance class, craft a marvellous monster to take home and seek out our frightful face painters!

What's on

· ***Potions class*** - visit the potions table to discover the concoctions lurking in the touchy-feely cauldrons. Beware! The cauldrons are full of surprises!

· ***Broomstick flying class*** - hop on our broomsticks and learn how to fly, while racing other witches and wizards around our obstacle course

· ***Monster dance class*** – Learn some monster moves with Beetlejuice and his bonkers friends. They'll make you spin the wheel of chance, and we hope you're ready to have a dance!

· ***Creepy creations class*** – Make your own marvellous monster to take home

· ***Frightful face painters*** – Ever wanted to be a skeleton, a pumpkin or a black cat? Now's your chance. A small charge applies for face painting

Don't forget to dress up in your favourite spooky costume!

Locations

· Saturday 25 October, Union Yard, Union Street, Aldershot, GU11 1FU

· Sunday 26 October, The Landing, Queensmead, Farnborough, GU14 7SJ (By Starbucks)

There's no need to book, just drop in!

WHAT'S ON IN RUSHMOOR & HART - Family Activities Over Half Term

Squirrels Educare – October Holiday Club

Monday the 27th of October to Friday the 31st of October – timings from 8.30am till 4.30pm

Squirrels Educare welcome children from age 2.5 – 10 years old throughout the Hampshire school holidays. We offer fun, exciting & varied activities, delivered by high quality staff. Half a day from £22.00 and full days from £33.00. Activities to include crafts, ceramics, park outings, cooking, tie dying & much more!

For further information or to make a booking please contact us on any of the below; e-mail address: office@squirrelseducare.co.uk

Tel: 07702 202921 or (01252) 403586 www.squirrelseducare.co.uk

www.facebook.co.uk/squirrelsholidayfunclub

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Aldershot Pools – Holiday opening

Guildford Road, Aldershot, GU12 4BP

For Aldershot Pools please refer to our website for the school holiday period.

https://www.placesleisure.org/centres/aldershot-pools-fitness-centre/

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Diddy Dunkers Holiday Basketball Camp

Taking place at Frogmore Leisure Centre (GU46 6AG) for 7- to 15-year-olds (school years 3-10), £40 per day.

· Tuesday 28th October 10am – 4pm

· Thursday 30th October 10am – 4pm More info and how to book can be found here www.diddydunkers.com/camps

Advance booking essential

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WHAT'S ON IN RUSHMOOR & HART - Family Activities Over Half Term

Halloween at Princes Mead this half-term: Monster Edition!

24th October – 5th November in Princes Mead Shopping Centre

This half term, spooky fun takes over Princes Mead! Join us for a monster-filled experience packed with free activities for the whole family.

Monster Trail & Book Giveaway Pick up a trail sheet from the Halloween Garden, find all the hidden monsters, and claim your FREE Mindful Monsters book at the Crafters Collective (while stocks last).

Monster Selfie Spot Snap a spooky pic with our monster cut-outs in the park – perfect for Halloween memories!

FREE Face Painting – Friday 31st October Get Halloween-ready with free face painting – witches, zombies, vampires and more!

Costumes encouraged. All activities are free – come join the frightful fun at Princes Mead!

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Hampshire Libraries – Activities for children

Please check Find a library | Hampshire County Council (hants.gov.uk) for the opening hours for your nearest branch.

Farnborough Library

Rhymetime – Every Monday 10am-10.30am, 10.45am-11.15am, every Thursday 2pm-2.30pm

Storytime – Every Friday 10.30am - 11am

Construction Club – 2pm-4pm every Saturday

Saturday 25th October – craft activities throughout the day with Nutkhut. This event is free to attend and will include a bonus storytime at 10.30am.

Tuesday 28th October – Halloween Storytime, 10.30am

Friday 31st October – Halloween-themed mystery rooms! There are 2 sessions – 10.30am and 11.30am, please note that there is a cost of £2 per child and booking is essential.

AUTISM FAMILY SUPPORT SERVICE
YOU ARE NOT ALONE

You Are Not Alone - Free Parent Online Drop-In

The next drop-in takes place Tuesday 4th November.

Parenting an autistic child can feel amazing, confusing, and overwhelming, sometimes all in the same day. That's why we host our **no-cost monthly online drop-in sessions for parents and carers**.

First Tuesday of every month
7pm - 8.30pm
Platform: Zoom



Erik Wagter - host of the drop-in

What these sessions are all about

We've created a safe, non-judgemental space where parents can bring their questions, share worries and connect with others who 'get it'.

Topics often included:

- Understanding and responding to challenging behaviour
- Making sense of autism on a deeper level
- The ups and downs of family relationships and dynamics
- Working with schools and professionals
- Meeting like-minded parents and realising you are not alone

YOU ARE NOT ALONE

What parents say:

'Thank you so much for the group this evening. I can't tell you how grateful I feel, and I really do feel less alone and more validated. ***My hope is back****'*

Who runs the sessions?

I'm Erik Wagter, co-founder of Autism Family Support Service. Alongside being a social worker, trainer and Solution Focused family coach, I also bring over two decades of personal lived family experience of autism. Sometimes my wife Sally will join in as well.

If you would like to join please send an email to sallywagter@gmail.com and we will send you the Zoom link.

Autism Family Support Service
www.autismfamilysupportservice.com

Cherrywood Community Primary School

www.cm-sports.co.uk
02392 987 881

After School Sports Clubs



Football Club

Cherrywood Primary School

15:15 - 16:30 Years 1 to 6 only

Payment is required in full before your child attends

Fridays - £45.50

November 7th, 14th, 21st and 28th
December 5th, 12th and 19th

CM Sports and your school have teamed up to give your child the opportunity to attend one of our popular after school sessions and learn new skills with our enthusiastic coaches.

Our team can be found throughout Hampshire providing schools with quality sports coaching and childcare. We have many years experience teaching sport and are fully aware of how to ensure that children take the maximum from our sessions.

To enrol on this club please visit our website on www.cm-sports.co.uk or phone our office on 02392 987881. Childcare vouchers also accepted.

Please note that all of our staff have an enhanced DBS check, have attended child protection workshops and hold first aid qualifications.

RUNWAY'S END
Outdoor Centre

ADVENTURE ACTIVITIES



HALF DAY ADVENTURES

2 hr 30 min | Ages 6+ | £22

Looking to entertain the family with some adventure? Look no further than our half day adventures.

Scale the climbing tower and embrace your inner warrior with archery. We provide all specialist equipment so all you'll need is a camera to capture some memories and a spirit of adventure!

BOOK ONLINE NOW!

MORE ADVENTURES ON THE REVERSE!

Hampshire County Council

hants.gov.uk/runwaysend

Cherrywood Community Primary School

GUIDED CANOE TOURS

2 hr 30 min tour | Ages 6 + | From £20

Guided by our friendly staff, this is a great opportunity to explore, by water, the scenic and historical stretch of the Basingstoke Canal including sights like a World War 2 pill box, historic bridges, and local wildlife. The trip includes some light refreshments at a picturesque picnic spot.

BOOK ONLINE NOW!





LOOKING TO BOOK ACTIVITIES FOR A GROUP?

We welcome groups of all ages to the centre and offer a range of activities.

Email: rwe@hants.gov.uk
Tel: 01252 344421

















Cherrywood Community Primary School

RUNWAY'S END
Outdoor Centre

WOODLAND Warriors

Ages 7 – 11 Available every school holiday!

Runway's End has partnered with the prestigious John Muir award to offer an outstanding holiday club experience.

Nestled amongst stunning woodland scenery, this week-long programme combines an exploration of nature and wildlife with complementary adventurous activities like canoeing, climbing, abseiling, high ropes, and archery.



Day and week options available:

SINGLE DAY £50

WEEK £200

Includes one FREE day and earn the 'Discovery' John Muir award upon completion!

JOHN MUIR AWARD — wild places: DISCOVER EXPLORE CONSERVE SHARE

BOOK NOW!

Hampshire County Council

hants.gov.uk/runwaysend

Cherrywood Community Primary School