Year 5 – Pine

	Lesson 1 9:15 – 9.45	Lesson 2 9.45 – 10.45	Lesson 3 11 – 12	Lesson 4 1 – 2	Lesson 5 2 - 3
Autumn 1					
How can friends communicate safely?	Relationships: What are the different types of relationships people have?	What are the best ways of keeping in contact with people?	What is the difference between knowing someone face-to-face and knowing them online?	What is safe to share online and what is not? How can you seek or give consent before sharing?	How do you respond to pressure, inappropriate contact or concerns around safety?
Autumn 2					
What makes up a persons identity? (inc sexuality)	What factors contribute to our identity? (ethnicity, family, faith, gender, sexuality)	How do individuality and personal qualities make up someone's identity?	Stereotypes: What are they? Are they always accurate?	Why is important to challenge stereotypes and assumptions? How should we do this?	Circle time – Questions raised throughout the day.
Spring 1					
What decisions can people make with money?	How do people make decisions about spending and saving money?	How can you keep track of your savings and your spending?	Value for money: What is this? How can we recognise this?	Risks: How can money be lost/won/stolen? (links to gambling and safe place to keep money)	How does money affect mood and behaviour? (link to poverty)
Spring 2					
How can we help in an accident or an emergency?	Basic first aid. Burns, scalds, cuts, bleeds, choking, asthma attacks and allergic reactions.		What to do with head injuries? Why?	When to administer first aid and when to seek other help?	The importance of staying calm: How to behave in an emergency situation?
Summer 1					
How can we be healthy as we grow?	How are mental and physical health linked?	What choices support a healthy balanced lifestyle?	How do we manage the influence of others to ensure we make the right choices for ourselves?	How do drugs affect out health? What can we do to manage situations involving health?	What strategies can we use to break unhealthy habits and replace them?
Summer 2					
What jobs would we like?	What are skills, attributes and qualifications? What do we have and what can we get?	How do skills, attributes and qualifications link to career opportunities?	Pathways: What routes can we take to get a job?	Why is it important to question stereotypes about the kinds of jobs people can get/do?	How might you choose your job/career? What might influence you?