Year 2 – Elm

	Lesson 1 9:15 – 9.45	Lesson 2 9.45 – 10.45	Lesson 3 11 – 12	Lesson 4 1 – 2	Lesson 5 2 - 3
Autumn 1					
What Makes a good friend?	How do we make friends with others?	What does being lonely mean? What can we do to make ourselves less lonely?	How do people behave when they are being friendly?	How can we resolve arguments with our friends?	What should we do if a friend is making us unhappy?
Autumn 2					
What helps us stay safe?	Why are rules important? How do they keep us safe?	What rules and restrictions keep us safe in everyday life? Eg, restriction on medicine.	How can we identify unsafe situations and make sure that we stay safe?	How do you resist pressure to do something that makes you feel unsafe? Including keeping secrets.	How do you keep safe when speaking to other people online?
Spring 1					
What jobs do people do?	What jobs do you see in your local community?	Why is a job important in earning money?	What traits enable people to do their job?	How can our strengths, weaknesses and interest influence our job choices?	How is technology used in different jobs?
Spring 2					
What is bullying?	Do words and actions affect other people? How?	How to give or not give consent? Including for physical contact.	What should you do if consent is violated or if someone makes you feel uncomfortable?	When does a joke become bullying?	How to avoid being a bystander and report hurtful behaviour, including online.
Summer 1					
What helps us grow and stay healthy?	What different things help keep our bodies healthy?	How does sugar affect our health? Inc dental health.	How much rest and sleep should we have each day?	What are the different ways that we can play? What is the impact of screen time?	What is the importance of the sun? How do we keep sun-safe?
Summer 2					
How do we recognise our feelings?	Can you name different feeling? How can we recognise them?	What makes you feel good? What makes you better if you don't feel good?	How do situations influence our feelings?	How does emotion effect behaviour?	Why is important to share big feelings with people we trust?