Year 1 - Chestnut

	Lesson 1 9:15 – 9.45	Lesson 2 9.45 – 10.45	Lesson 3 11 – 12	Lesson 4 1 – 2	Lesson 5 2 - 3
Autumn 1					
What is the same and different about us?	What do we like? What don't we like? Do we like and dislike the same things?	What features do I have that make me unique? (personality and looks)	What do we have in common with the people around us?	What are my body parts? Are my body parts the same as other peoples?	What parts of me do I need to keep to myself?
Autumn 2					
What helps us stay healthy?	What does staying healthy mean?	Who helps me keep healthy?	How do medicines help us?	Why is hygiene important? Why hygiene routines do we have?	What do we do every day to stay healthy?
Spring 1					
What can we do with money?	What is money and what does it look like?	How is money obtained?	What is the difference between want and need?	How do we prioritise how we spend money?	How can we keep money safe?
Spring 2					
Who is special to us?	What groups do we belong to?	Who is in my family? What do we do together?	Who cares for us in our family? How do people look after us?	What do people do to show us we are special?	Who can we tell if our special people do things to upset us?
Summer 1					
Who helps to keep us safe?	Who are the people in our community? How do they help us?	Who can help us and how should we attract attention when we need help?	How to we keep safe around people we don't know?	What do we do if we feel unsafe or think someone else is in danger?	How do we get help if there is a serious accident?
Summer 2					
How can we look after each other and the world?	How does our behaviour affect others?	What responsibilities do we have (at school/at home/in the community)?	How do people and animals need to be cared for?	What can harm our environment?	How do our needs change as we grow older?