# Samuel Cody

Indoor Athletics

27.1.22

Mrs Hammond Mrs Plascott


Cherryweed


Cherrywood










3
2
1




1
2


SFJS
SFJS



# Our thoughts….

- Chelsea – I liked the relay races because we worked together to compete.
- Sam – I really improved on the ‘Speed bounce’ event I was able to jump 34 times in 20secs.
- Keira – I improved on my javelin – I made sure that I threw it better (puled my arm back straight – aimed high)
- Eli – My favourite part was the x3 lap sprint and I improved on the long jump – first jump = 5ft10 second jump = 6ft10
- Aasish – My favourite part was the javelin – I was able to throw it really far. 12m I really enjoyed myself.

# Our thoughts….

- John – I improved on my chest passing because when we were using a heavy ball – I was able to throw it far. (1m, 5kg)
- Jamie – My favourite was the races – x2 laps (Although I fell, I still got back up and continued). It helped me with my determination.
- Liam – Target throw (bean bag) – the target went further away – I was able to put my bean bag into the third furthest target.
- Stefan – My favourite was the long jump because I improved every time. First jump = 5ft  Third jump = 5ft 5.

# Achievement

- Liam
- Chelsea







# Spirit of the Games

# Team Work

**Awarded For:**

- ✓ Working with my team, not being selfish.
- ✓ Letting everyone have a go, sharing the equipment and giving everyone a chance.
- ✓ Showing team spirit – encouraging my team mates and saying well done.

Certificate to children

# Player of the game…



For showing great perseverance and excellent effort ….

ELi

For showing amazing resilience in her performances throughout the activities ……

Keira